

Monday

Tuesday

Wednesday

Thursday

Friday



****NATIONAL CINNAMON ROLL DAY – OCTOBER 4th****
 Glazed WG Cinnamon Roll
 Little Smokies
 Potato Gems
 Baby Carrots
 Dragon Fruit Punch

Walking Taco
 Black Bean & Corn Salad
 Mini Romaine Salad
 Mandarin oranges

Chicken Alfredo w/
 Garlic Knot
 Steamed Green Beans
 Mixed Fruit
 WG Pumpkin Bread

 Cheese Pizza
 (Unit 2 & 3 – Cheese Pizza Round)
 Glazed carrots
 Pepper Strips
 Frozen fruit slushy

Chicken Nuggets w/
 Garlic Toast
 Waffle Fries
 Cucumber Slices
 Strawberry Gel Cup

Hot Ham & Cheese Sandwich
 Tator Tots
 Baked Beans
 Orange Gel Cup

Pancakes
 Sausage Links
 Potato Stars
 Steamed Vegetable Medley
 Cinnamon Applesauce

Orange chicken w/ WG Rice
 Steamed peas
 Baby carrots
 Pears
 Fortune Cookie

NO SCHOOL

NO SCHOOL

NO SCHOOL

Breaded Pork Tenderloin on WG
 Bun
 Potato Stars
 Baked Beans
 Dragon Fruit Punch

Pasta Bake w/ Meat Sauce &
 WG Garlic Breadstick
 Romaine Salad
 Mandarin Oranges

Chicken Strips w/ WG
 Garlic Toast
 Mashed potatoes
 Baby Carrots
 Apple Slices

French Toast Sticks
 Sausage Links
 Potato Pancake
 Strawberries

Mini Corn Dogs
 Sweet Potato Fries
 Baked Beans
 Pears

Hamburger on WG Bun
 Crinkle Cut Fries
 Pepper Strips
 Peaches

Cheese Stuffed Crust
 Pepperoni Pizza
 Potato Stars
 Glazed carrots
 Raisels

Chicken Bowl
 (Popcorn chicken w/ mashed
 potatoes, steamed corn & shredded
 cheese)
 Mini Romaine Salad
 Orange Wedges

Zombie Fingers
 (Soft pretzel sticks w/ cheese sauce)
Googly Eyes
 (Cucumber slices)
Witches Brew (yogurt)
Scary Slushy
 (100% fruit slushy)

****SPX Alternate Menu can be found on the school website / School Nutrition.****

Monday

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Thursday

Friday



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